COACHING STAFF

Coach: Palani M

National level player

Samarth M

Nakshtra

State level player

Jayanth Varun

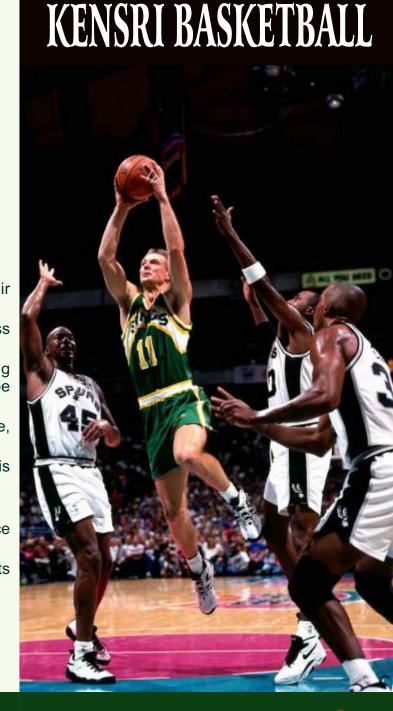
Rules

Note: Demand Draft may please be favoured on the name "Kensri Trust Sports"

- Student should be in sports attire for their respective sports.
- Student should be 5 minutes before the class start their warmup.
- Student should maintain discipline during coaching. No uncomplimentary language to be used.
- Student should carry jump rope, water bottle, practice book.
- Student should not carry valuable items, vis mobile phone, watches, jewelleries etc.
- · Student should not carry any carbonated drinks.
- Student must bring their fitness and practice book for each class.
- Student must arrange sports equipments to its place after the class.
- · Keep the facility clean.



#1348/444A, Mariya Street, Mariyannapalya, Bengaluru - 560 024. Ph: 080-2202 6000, 6560 4705. website: www.3dinnovate.com





KENBASKETBALL

KENSRI SCHOOL Basketball camp is focused on providing campers of all ages with instruction in the fundamentals of the game.

KENSRI Sports system emphasizes proper behaviour and academic performance. The sports system is structured as an academic subject. The primary purpose of sports is to provide the children with a forum for fun, conditioning/fitness, discipline, character building and to develop competitiveness to reach state, national and international level.

About coaching

The students will be coached on techniques based on their skill communications, physical training, skills, game plan & teamwork.

Sports:

In sports our aim is to

- Improve physical fitness
- · Acquisition of skills
- Improvement of tactical efficiency
- Education & improvement of mental capability
- Taking students to state , national& international level
- · Competition play & strategy
- International exposure
- KENSRI has an infrastructure that allow you to practice individuals
- Every sport has club.
- U-10, U-12, U-14 FUTUREs tournament is conducted
- Our effort is to produce state & national level players.

SANKALP PROGRAM

- Hand and eye coordination.
- Fitness
- · Skills and fun activities.

Beginners: Starts with

Basic warm ups.

- Dribbling Skills.
- Passing Skills.
- Shooting Skills.

Intermediate: Starts with

- Basic warm ups
- Dribbling,
- Passing,
- Shooting,
- Defence & offence
- Introduction of game
- Advance
- Review of basic skills
- Advance dribbling
- Passing skills
- Movement on court
- Position {defence &offence}

We have a fantastic work place, where commitment & innovation drive us to EXCELLENCE. We are training children to improve quality in fitness constantly. Wonders never cease at **KENSRI SCHOOL** and the fun never stops here.

Adult program	Week days	5 Days	2500/-			9.30 a.m	11 00 a m	
		3 Days	2000/-					
		2 Days	1500/-		Week end	8.00 a.m to 9.30 a.m	0 30 a m to 11 00 a m	
	Weekend	Saturday & Sunday	2500/-					
Children program	Futures		1000/- per team		Batch			
	Weekend	Saturday & Sunday	1500/-	2500/-				
	Evening	5 Days	2000/-	3000/-		- -		
		3 Days	1500/-	2000/-	3.00 a.m	Morning - 7.00 a.m to 8.00 a.m Evening - 3.00 p.m to 4.30 p.m 4.30 p.m to 5.30 p.m		
	ing	5 Days	2000/-	3000/-	a.m to 8 p.m to 4 p.m to 4			
	Morning	3 Days	1500/-	2000/-	ng - 7.00	19 - 7.00 19 - 3.00 4.30		
			KENSRI student	Out siders	Mornir	Evenir		
			Basket Ball		Batch			