

REGISTRATION FORM

Name: Class/Sec: DOB:
Blood Group: Gender: M/F Cheque No: No. of days:
Session: Morning/Evening/Both Parent Name
Contact No: , Address
.....
Sign.....
Date of registration: Coach Sign Principal Sign

Note:- Demand Draft may please be favoured on the name "Kensri Trust Sports"

COACHING STAFF

Cricket Coach

Ashok

Played for Second division for KSCA

BEST PLAYERS

Under 16

Anshuman

Nishchay

Under 14

Shreyas

Neel Santosh

Rules

- Student should be in sports attire for their respective sports.
- Student should be 5 minutes before the class start their warmup.
- Student should maintain discipline during coaching. No uncomplimentary language to be used.
- Student should carry jump rope, water bottle, practice book.
- Student should not carry valuable items, vis mobile phone, watches, jewellerys etc.
- Student should not carry any carbonated drinks.
- Student must bring their fitness and practice book for each class.
- Student must arrange sports equipments to its place after the class.
- Keep the facility clean.



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website : www.3dinnovate.com

KENSRI CRICKET



KENSRI SCHOOL & COLLEGE
KENSRI Excellence Development System



KENCRIKET

Mission: Kensports system is a holistic approach to child development, the approach is to ensure a sustained, committed and intensive program to fulfil a child's potential.

KENSRI Sports system emphasizes proper behaviour and academic performance. The sports system is structured as an academic subject. The primary purpose of sports is to provide the children with a forum for fun, conditioning/fitness, discipline, character building and to develop competitiveness to reach state, national and international level.

- Improvement of physical fitness
- Acquisition of technical efficiency
- Education and improvement of mental capabilities.

We have a fantastic work place, where commitment & innovation drive us to EXCELLENCE. In addition to coaching in cricket, we are training children to improve quality in fitness constantly. Wonders never cease at KENSRI School and the fun never stops here.

- KENSRI has an infrastructure that allow you to practice individuals
- Every sport has club.
- U-10, U-12, U-14 FUTUREs tournament is conducted
- Our effort is to produce state & national level players.

SANKALP PROGRAM

- Hand and eye coordination.
- Fitness
- Skills and fun activities.

Cricket for everyone

- Net open to public
- Lesson and equipment
- Personal game evolutions
- Better play guaranteed.

Beginners: Starts with basic warmup

Batting skills

- Front foot defense
- Back foot defense
- Front foot drive

Fielding

- Ground fielding
- Catches

Bowling

- Grip
- Runup
- Action

Intermediate: Starts with warm up

Batting skills

- Knocking
- Hanging ball

Fielding

- Ground fielding
- Catches
- Low catches

Bowling

- Runup
- Action
- Arm movement
- Body position
- Release the ball

Advance skills: Review of basic skills

Batting skills

- Net practice
- Knocking

Fielding

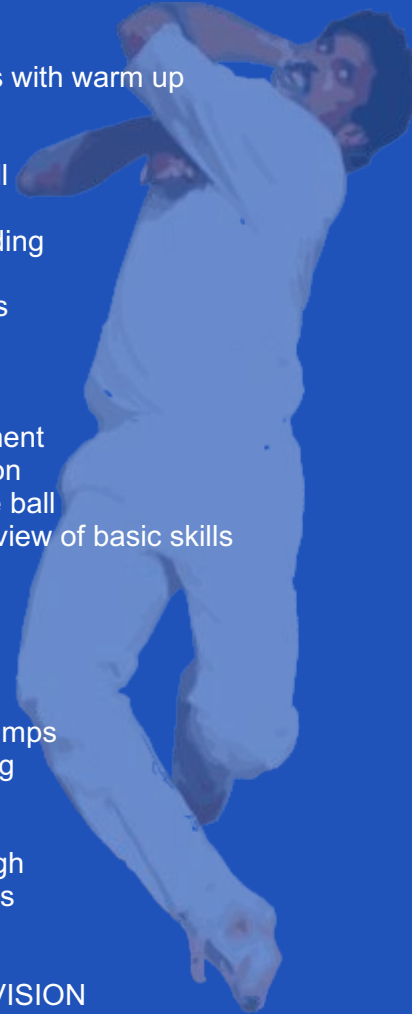
- Catches
- Aiming at stumps
- Attack fielding

Bowling Skills

- Action
- Follow through

Wicket Keeping Skills

- Glove work
- Foot work
- FUTURE VISION



		Children program				Adult program		
		Morning	Evening		Weekend	Week days		
KENSRI student	3 Days	5 Days	3 Days	5 Days	Saturday & Sunday	2 Days	3 Days	5 Days
	2500/-	3000/-	2500/-	3000/-	2500/-	3000/-	4000/-	5500/-
Cricket	4000/-	4500/-	4500/-	6000/-	3000/-	3000/-	4000/-	5500/-
	1000/- per team	2000/- per team						
One to one coaching - Rs 4000/- pm		Outside 5 days a week						
Batch Morning - 7.00 a.m to 8.00 a.m		Rs 4500/- pm						
Batch Evening - 3.00 pm to 4.30 pm		8.00 a.m to 9.30 a.m						
4.30 pm to 5.30 pm		9.30 a.m to 11.00 a.m						