COACHING STAFF

Coach: Shivaprakash

7 years experience

BEST PLAYERS

Under-16

Somnath Das Ammar Burhan Nirupam Kori Aaron Samuel

Under - 14

Avinash Arun Arush Aariav



Rules

Note: Demand Draft may please be favoured on the name "Kensri Trust Sports"

- Student should be in sports attire for their respective sports.
- Student should be 5 minutes before the class start their warmup.
- Student should maintain discipline during coaching. No uncomplimentary language to be used.
- Student should carry jump rope, water bottle, practice book.
- Student should not carry valuable items, vis mobile phone, watches, jewelleries etc.
- Student should not carry any carbonated drinks.
- Student must bring their fitness and practice book for each class.
- Student must arrange sports equipments to its place after the class.
- Keep the facility clean.



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KENSRI SOCCER





KENSOCCER

<u>Mission</u>: Kensports system is a holistic approach to child development, the approach is to ensure a sustained, committed and intensive program to fulfil a child's potential.

KENSRI Sports system emphasizes proper behaviour and academic performance. The sports system is structured as an academic subject. The primary purpose of sports is to provide the children with a forum for fun, conditioning/fitness, discipline, character building and to develop competitiveness to reach state, national and international level.

- Improvement of physical fitness
- · Acquisition of technical efficiency
- Education and improvement of mental capabilities.

We have a fantastic work place, where commitment & innovation drive us to EXCELLENCE. In addition to coaching in soccer, we are training children to improve quality in fitness constantly. Wonders never cease at KENSRI School and the fun never stops here.

- KENSRI has an infrastructure that allow you to practice teams.
- Every sport has club.
- U-10, U-12, U-14 FUTUREs tournament is conducted
- Our effort is to produce state & national level players.

SANKALP PROGRAM

- Hand and eye coordination.
- Fitness
- Skills and fun activities.

Soccer for everyone

- Open to public
- · Lesson and equipment
- · Personal game evolutions
- · Better play guaranteed.

Beginners: Starts with basic warmup

- Basic drills Kicking and stopping
- Receiving and passing drills
- Shooting drills

Intermediate: Starts with warm up

- Ball Juggling
- Passing drills
- Dribbling drills
- Controlling skills
- Shooting drills
- Game plan

Advance: Warmup and fitness

- Accurate passing drills
- Shooting drills
- Ball juggling
- Dribbling skills
- Target shooting
- Position wise game plan

